



GRADE 10 FIELD TRIP INFORMATION

Dear Grade 10 Students & Parents,

Each year, Grade 10 students spend time in early September building their class identity and welcoming new classmates through a series of planned activities. These activities include a mix of team building activities and community service designed to set the stage for a healthy, positive school year.

This year's Grade 10 class trip will be guided by Ian Lear-Nickum (Grade 10 Grade Dean) and Megan Yelton (Grade 12 Grade Dean), and a number of Leadership Lab students who have helped plan two days of activities and community service events. **Below, please be sure to review the itinerary, as well as the permission and Health Service requirements/due dates.**

ITINERARY

- PRELIMINARY SCHEDULE
 - 8 AM = arrive at school
 - 8:15 AM = depart for ropes course (Adventure Park in Bridgeport)
 - 9 AM = arrive at ropes course
 - 9 AM - 10 AM = debrief and training
 - 10 AM - 11:30 = ropes course
 - 11:45-12:30 = LUNCH @ Adventure Park
 - Melt Mobile
 - Red Diamond Pizza
 - Seaside Sliders
 - 12:30 = roll out
 - 1:30 PM = arrive at Soundwaters in Stamford
 - 1:30 - 4:30 = Soundwaters program
 - Micro-plastics / Marine Debris Experiment:
 - Students will collect multiple samples and filter each for micro-plastics to determine how trash is broken down and can remain in our waterways and immediately examine samples visible to the naked eye or through hand-held magnifying glasses then compare their results. Participants will learn the harmful environmental impact of plastic microbeads found in personal products not eliminated by wastewater treatment. Students practice graphing skills as well as data analysis. This station requires 1 SoundWaters educator.
 - Seining:
 - Perform a hands-on experiment of the shallow waters of Long Island Sound. Each student will be provided with a pair of waders, lifejacket and net. Working together students will follow random sampling protocol to collect animals using a seine net. Animals collected are



identified and students can get up close and learn by doing. This program requires 2 SoundWaters educators, who are lifeguard certified to monitor them in the water and conduct the lesson.

- Teambuilding:
 - Students will complete a series of fun challenges, which involve both individual and group components. The focus will be on problem solving and leadership. At the completion of the activity, the group will debrief so that the students are able to identify successes and challenges.
 - Coastal Clean-up
 - Led by the SoundWaters educator, students will be directed to various areas of Cove Park to complete a clean-up of the local habitats. During the clean-up they will discuss how forms of pollution can affect Long Island Sound. They will complete a clean-up survey to tally the types of items found and discuss how long it takes types of marine debris to break down once they are in the water. SoundWaters will provide all cleanup gear including gloves and buckets for collecting trash.
- 4:30 = leave Soundwaters
 - 5:15 = arrive back at King, trip completed

CONTACTS:

Ian Lear-Nickum

ilear-nickum@kingschoolct.org

Grade 10 Dean

PERMISSION FORMS

- **MAGNUS:** Students will not be allowed to attend preseason, school or field trips without updated medical records within Magnus Health. **Please make sure you've completed all of your forms.**
- **PERMISSION FORMS: DUE NO LATER THAN FRIDAY SEPTEMBER 7**
 - Please return the *King Day Trip Permission Form* (included below) to **Mr. Lear-Nickum, Mrs. Yelton, or your advisor.**
 - Complete the *Adventure Park Waiver* online (use the link below):
https://www.smartwaiver.com/auto/?auto_waiverid=53165f038111b&auto_tag=r263585



KING
SCHOOL

DAY TRIP PERMISSION FORM

Student Name _____

Grade _____

Destination 9/17/18 to The Adventure Park and Soundwaters

Dates 9/17/18

I agree that my child named on the form, is allowed to participate in the trip to: __
9/17/18 to The Adventure Park and Soundwaters

I give my full permission for first aid and/or medical care as deemed necessary to be provided to my child, including transportation to a hospital for treatment.

I acknowledge that my child's participation in this trip is voluntary. King has provided a detailed itinerary for the trip. I understand the nature of the trip and the activities that my child will participate in while on the trip. I am aware there are risks associated with participation in the trip and with the specific activities my child will participate in while on the trip.

By signing below, I accept and assume any and all risks associated with my child's participation in the trip, whether such risks are known or unknown to me at this time. I release King, and anyone working on their behalf, from any action, expense, obligation and/or damages as a result of my child's attendance and participation in the trip including any claim that may result from negligent acts or omissions on the part of King, its employees, agents and/or activity providers. I understand, however, that I am not releasing any claim that may exist as a result of intentional misconduct or gross negligence.

Parent/Guardian Signature: _____ **Date** _____